

Circle T Trail Riders Newsletter - Winter 2013



Circle T Trail Riders, Inc.
242 South Fort Zellers Road
Newmanstown, PA 17073



As, 2013 comes to a close and the hooves make hoof prints in the snow, we would like to take the time and reflect on all our accomplishments this year and look forward to the challenges of 2014.

The Circle T Trailriders had 44 individual and family members in 2013. Please see the enclosed 2014 Membership Application form and make sure to mail it to Tracy as soon as possible.

As Christmas approaches we want to remind you not forget your barnpals, the horses, even a visit with a carrot would be a great Christmas gift for your neighing friends.



Dear Santa,
Ok so maybe I
wasn't great this year,
but everything on my
list is for my horse.
You really don't want
to take it out on him,
do you?

som^{ee}cards
user card



If you would like to send anything to add to upcoming newsletters, please email kreading@buxtonsboxes.com or call Kristi at 609-209-5526.

Suggestions, Upcoming Rides, Recaps, Horse Info, For Sale or anything else that might be useful is always appreciated!





Sixteen riders enjoyed the fresh, fall air and scenic landscape from atop the mountain. The crisp breeze was refreshing and unexpected for those who dressed lightly. Special thanks to Deb Billman and Kevin Wolfe for hosting the ride. The tailgate luncheon was spectacular as well as the company of horse-loving friends. Hope to see more of you on the trail soon!

To ride a horse is to ride the sky....Author Unknown

Submitted By: *Jenn Cleary*



Brandywine was a blast! LOVE the new parking area. Thanks to everyone for a fabulous ride. Also, to Debbie and her husband for the trip to the winery. Looking forward to seeing you all in 2014.

Submitted By: *Eleanor Vallone*



SORRY FOR THE BAD NEWS – BUT THE NEW YEARS DAY RIDE IS

CANCELLED!



May 3rd, 2014 at 11:00am – Meet at Evansburg Park,
Skippack Creek Road Parking Lot

May 4th, 2014 at 11:00am – Meet at Green Lane Reservoir Parking Lot

Bring trail snacks for both days.

Overnight camping at Green Lane Park – to make a reservation, please
Contact the park office at (215) 234-4528

Must RSVP to EleanorVallone@gmail.com so that we can let you know
of any changes with either ride.



**DO YOU HAVE A FAVORITE RIDE THAT
YOU WOULD LIKE TO SHARE WITH THE CLUB?**

EMAIL TracyGHower@Comcast.net TO SCHEDULE A RIDE IN 2014!



On a sad note, Dave's horse Toby was unexpectedly put down. The Circle T Trail Riders Club will miss Toby and will cherish the memories of having him on rides.

*Somewhere, somewhere
In time's own space,
There must be some sweet pastured place...
Where creeks sing on and tall trees grow,
Some paradise where horses go.
For by the love that guides my pen,
know great horses live again.*



Horsin' Around Hideaway – Cabin & Horse Stalls

This quaint little cabin is nestled in hills of Jamestown, TN. Right from the property is a trail that leads to Proctor Ridge and Wild Cat Den, part of Big South Fork National River and Recreation Area. Only 8 miles away, you can trailer the horses to Pickett State Park for more horse trails, hiking trails, boating, fishing, and more.



Accommodations: 2 Queen Beds & Full Futon. Full Kitchen & Dining area, Living room with TV and DVD Player, Washer & Dryer.

Horse Accomodations: 5 Horse Stalls (10' x 10' each), Tack Room and Hay Racks.



www.horsinaroundhideaway.com 609-209-7264

Circle T Trail Riders, Inc 2014 Membership Application/Dues

MEMBERSHIP TYPE: **AMOUNT** **DUES MUST BE RECEIVED NO LATER THAN JANUARY 31, 2014**

Individual \$ 25.00

Make Checks payable to **Circle T Trail Riders**

Family * \$ 35.00

PLEASE COMPLETE APPLICATION LEGIBLY AND MAIL TO:

EVEN IF PAYING BY CASH OR IN PERSON

SENIOR (AGE 62+) **AMOUNT**

Individual Senior \$ 10.00

Senior Couple ** \$ 15.00

Tracy Hower
242 S. Fort Zellars Road
Newmanstown, PA 17073

Total Amount Enclosed \$

* Family – Members living at the same permanent address

** Senior Couple – Both members at same address AND both age 62 or older.

If one member is less than 62 and at the same address – FAMILY RATE applies.

<i>MEMBER NAME</i>	<i>ADDRESS</i>	<i>PHONE NUMBER</i> <small>Home & Cell</small>	<i>E-MAIL ADDRESS</i>

Each membership will receive Circle T. Trail Riders Newsletters. If you provide an e-mail address, one will be e-mailed. If you prefer "snail-mail" or do not have access to the internet we will mail you a copy. Be sure to keep your address and e-mail up to date with Tracy Hower at TracyGHower@Comcast.net. The newsletter is also available for viewing on our website at: www.CircleTTrailRiders.com.

Yes, please continue to SNAIL MAIL me the newsletter.

No, I'll help save the club money and look for an e-mail notification for the newsletter.

Circle T is always looking for suggestions and/or ride ideas. Is there somewhere you would like to go? Let us know your thoughts and preferences. This is YOUR club: please share your thoughts and ideas!

I would be interested in hosting or helping organize a ride in 2014.

My favorite ride is _____.

Suggestions/Comments:

10 Winter Health Care Mistakes to Avoid

Ensure your horse stays healthy all season long by using common sense and avoiding these Top 10 winter horsekeeping mistakes

By [Toni McAllister](#) | November 2008 Exclusive ([HorseChannel.com](#))



Winter is setting in, and while you may be tempted to wrap your horse in an overly toasty warm blanket and tuck him in to a heated barn for the cold season, avoid the urge. He's better off if you refrain from too much over-coddling. Of course throwing him out for the winter and forgetting about him until the spring thaw isn't the way to go either. Ensure your horse stays healthy all season long by using common sense and avoiding these Top 10 winter horsekeeping mistakes:

1. Letting his waterer freeze over. A horse will not stay properly hydrated if his water is frozen. Snow and ice are no substitute for clean, unfrozen drinking water. Your horse's risk of impaction colic is greatly increased if he doesn't have access to unfrozen water at all times. If you live in a region that experiences below-freezing temperatures, invest in a heating device specifically designed for horse waterers and troughs.

2. Not increasing feed rations when temperatures dip. Talk to your veterinarian about how much feed your horse should receive during the winter months. As the temperatures drop, your horse burns more calories to stay warm. For some horses, this means considerable weight loss. If your horse isn't on a calorie-restricted diet, consider increasing his hay rations as it gets colder outside. Forage (hay) provides an excellent source of calories. Also, the process of digesting fiber (most hays are high in fiber) helps keep a horse warmer.

3. No exercise. Just like we humans, horses need exercise all year long, even when it's cold outside! If possible, continue riding through the winter months. If severe conditions make winter riding impossible, turn your horse out daily in a large pasture or paddock daily; if it's safe to do so, consider longeing him to keep him fit.

4. Overriding an out of shape horse. If you only ride when the weather is good, chances are you won't be doing much saddling up if you live in a cold winter region. That's ok if you do other things to keep your horse fit, but if he's a stable potato most of the season, use caution: An out-of-shape horse is at a much greater risk of musculoskeletal injury if exercised hard. If your winter riding schedule is sporadic, based on weather conditions, stick to lighter workouts that won't over task your horse. Gradually increase his exercise level as his fitness improves.

5. Sequestering a horse indoors. Horses will stay healthier and fitter if left outdoors for the winter, with a few caveats: All horses must have shelter from the elements. A three-sided shelter with a roof is a must. If you do bring your horse indoors, try to leave him out during the day and only bring him in at night. And don't close your barn up! Instead, leave it open to ensure good airflow inside; a closed-up barn leads to poor air quality that can affect a horse's respiratory health.

6. Over blanketing. When it's snowing outside and you're inside enjoying a warm dinner by the fire, it's hard not to feel sorry for your horse. To ease the guilt, you may be tempted to rush out and pile yet another blanket on him. Stop yourself right there! Yes, a horse with a full or partial body clip does need blanketing during winter, regardless of whether he's kept indoors or out. But a horse with his natural winter coat probably doesn't need blanketing as long as he has shelter from the elements, is receiving proper nutrition and is in good health. Over blanketing a horse can cause him to overheat, which can lead to dehydration and a host of health problems. If you are concerned about your horse's comfort during winter, talk to your veterinarian about it.

7. Lack of hoof care. Nothing irks a good farrier more than an owner who insists on foregoing hoof care during the winter months. Horses—barefoot or shod, ridden or not—need regular farrier care every six to eight weeks, maybe even more often, regardless of the season. Period, the end!

8. No beauty treatment. Even if you don't ride during the winter, groom your horse regularly—daily if possible. Regular grooming and handling provides the opportunity to evaluate your horse and alerts you to problems such as illness, injury, weight loss, lost shoe, cracked hooves, et cetera. It's up to us, as owners, to intervene as quickly as possible when something is wrong. Catching a problem early on helps put your horse back on the track to good health.

9. Throwing him out to pasture and forgetting about him. There's an old cowboy adage out there, "no rest for the horseman." Yes, the holidays are upon us, and yes it's darn cold outside, but you still have to keep up on your daily horsekeeping chores. Even if your horses are in pasture, you still have lots of work to do! Watering, feeding, grooming, exercising—get busy.

10. Neglecting your own health. Most of us are responsible horse people who put equine health in front of our own. But remember, if you're not healthy, you won't be able to care for your horse. When tending to your horsekeeping tasks this winter, stay warm, stay safe and stay healthy because there's someone counting on you every day.

(HorseChannel.com)



***Did you get a new horse? Have a new foal?
Got an interesting horse tale to share?***

***If you have good news or story ideas that you'd like to see
in this newsletter, please let me know!***

***This Newsletter will be most effective when it meets the needs
of the Circle T Trailriders membership.***

The photos in this issue also came from people like YOU!
Please send stories or pictures to:
Kristi at KReading@buxtonboxes.com

Look for the next issue of the newsletter in the Spring –
Until then –
MAKE LOTS OF SNOW ANGELS AND ENJOY YOUR HORSE

